



Newsletter

19th June 2026

THIS week in school...



Robins

The children enjoyed painting outside in our outdoor learning area, using their creativity to explore colours, textures, and the natural environment around them.



Skylarks

As historians, we are leaning Farming through the Ages. We have really enjoyed visiting the Skylarks Farm Shop, being shop assistants and customers, handling money and purchasing produce!

Attendance

This week's attendance is

Whole School: 94.6 %

Robins: 94.1 %

Skylarks: 92.9 %

Owls: 94.6 %

Starlings: 95.7 %

Kites: 95.7 %

Weekly Attendance Prize Draw



This week the children awarded are:

Harley F & Markus

Last week the children awarded were:

Jim & Iyla





Hay Performance



As part of the Hay Festival project, this week Robins, Skylarks & Owls welcomed Laura Dockrill. The children from Robins class had met Laura at Hay and so were very excited to see her again.

Laura talked about her book Sockflea and we all transformed our socks into a sock character. We then used our Sockfleas as she read the story.

What a fantastic opportunity to listen to an author read their own books.



School Active Travel Grant

We are pleased to inform you that we have been successful in securing 2026/27 Active Travel Grant, we will be using our £750 grant to fund:

Road Safety role play kits for EYFS, Stay Safe reflector kits for the whole school and we will put on a Dr Bike maintenance day for children, families and the wider community to have their bike serviced (date to be confirmed).

Upcoming Events

JUNE

Monday 22nd

Year 4 & 5 Parent meeting for Liverpool Residential (Bishops Castle)

Tuesday 23rd

Year 4 & 5 Parent meeting for Liverpool Residential (St George's)

Wednesday 24th

Skylarks Living History @ Ludlow Castle

Thursday 25th

Year 6 Leavers Service at Hereford Cathedral

Friday 26th

Kites trip to Shropshire Hills Discovery Centre

Monday 29th

Robins - Healthy Hero's talk

JULY

Thursday 2nd

Sports Day - afternoon

Monday & Tuesday 6th - 7th

CCBC Yr 6 Transition Day

Thursday 9th

Skylarks trip to Park Hall Farm

Friday 10th

Bog-eyed Jog

Friday 17th

Last day of Summer Term

Term Dates 2026 / 27

Summer

Starts 13.04.26

Half Term 25.05.26-29.05.26

Ends 17.07.26

Autumn

Starts 03.09.26

Half Term 26.10.26-30.10.26

Ends 18.12.26

Spring

Starts 06.01.27

Half Term 15.02.27-19.02.27

Ends 25.03.27

2026 The Year of Reading



Reading and Listening

Listening to stories supports language and comprehension.

At home: Try audiobooks during travel time.

Recommended read: How to Train Your Dragon (audiobook/print) – beloved, engaging narrative.



A great start
every day!

BREAKFAST

CLUB

COMING FROM SEPTEMBER 2026!



We are pleased to announce that, from September 2026,

Bishop's Castle Primary School
will be providing a

FREE

Breakfast Club for ALL pupils.

The Breakfast Club
will run each school day
from

**8:15am
to 8:45am**

and will offer children a
healthy breakfast and a
positive start to the
school day.



WHAT'S INCLUDED?



A healthy breakfast
including cereal,
toast and a drink



A calm, friendly
environment



Fun time with friends
before the school day
begins!

★ HOW TO BOOK ★

Please complete the form using the
link or QR code below to book your
child's place for the upcoming half term.

If you have more than one child,
please complete a separate form
for each child.

CLICK HERE TO BOOK
via Microsoft Forms

[https://forms.cloud.microsoft/Pages/
ResponsePage.aspx?id=Enhu9PNQakKgDB9EDXGp-26
UGHNNejRJKLMS5i5o8wZURFBVQVM5WUQNidEWFp
WFY2NEc3TDJR5j4u](https://forms.cloud.microsoft/Pages/ResponsePage.aspx?id=Enhu9PNQakKgDB9EDXGp-26UGHNNejRJKLMS5i5o8wZURFBVQVM5WUQNidEWFpWFY2NEc3TDJR5j4u)

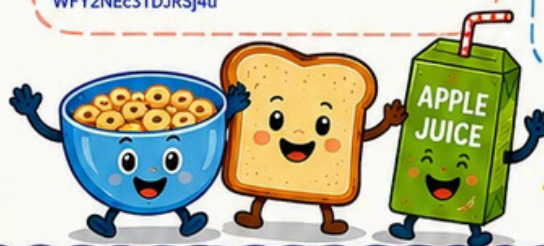
SCAN ME!



BOOK BY
3rd JULY 26

PLEASE NOTE:

Breakfast Club places are limited.
Once all available places have
been allocated, we will be unable
to accept further bookings for
that half term.



Solihull Approach

Stronger connections
happier families

Understanding your child's behaviour

Supporting parent/child relationships




10 WEEK COURSE

Starting on

24.9.26

1 – 3pm

Gain understanding, build confidence and develop positive relationships with your child. 



This course explores issues such as:



Feelings



Parenting styles



Communication



Sleep patterns



Behavioural difficulties




Julie Owen


will be facilitating the course.


Speak to her for details or contact her directly.

 01588 638522

 j.owen@bishopscastle.dhmat.org.uk



Investing time in understanding today for a brighter tomorrow. 

Solihull Approach – building better relationships, supporting brighter futures 



Do you have any concerns about your child's well-being?

Would you like support with your child's attendance?

If you, your child or family would benefit from extra support with your well-being, or if you are worried about a difficult situation in your family you can contact us for support.

[Julie Owen – Pastoral Lead](#)

J.Owen@bishopscastle.dhmat.org.uk

Or via

admin@bishopscastle.dhmat.org.uk

You might also benefit from Early Help.

What is Early Help?

Families might access Early Help for a variety of reasons, including concerns about a child's behaviour, difficulties at school, family relationship challenges, mental health worries, or changes in family circumstances such as bereavement or separation.

Early Help is not just for when things go wrong - it's there to provide guidance and support before small issues become bigger problems. Seeking Early Help is a positive step, showing a family's commitment to working together with professionals to find practical solutions and support their child's wellbeing and development.

The type of things Early Help can support with include:

- Concerns about child's health, development or behaviour
- How a child is doing at school
- Housing or financial concerns
- Children who may be affected by domestic abuse, drugs, alcohol, ill health or crime





July 2026 Timetable

All regular sessions delivered live online via zoom. 90 minutes long

£24 each or FREE with School Membership

Book online at facefamilyadvice.co.uk

Recordings available for 48 hours

Cannabis & Ketamine Awareness	6 July 10am
Anxiety Explained	6 July 7pm
Introduction to OCD	7 July 10am
What is ACT?	7 July 7pm
Decreasing Depression	13 July 10am
Raising Self-Esteem	13 July 7pm
Supporting Healthy Sleep	14 July 10am
Understanding the Teenage Brain	14 July 7pm
FREE - Supporting Healthy Screen Use	16 July 7-8pm
Autism-Improving Communication	20 July 10am
Improving Family Communication	20 July 7pm
Supporting a Child with ADHD	21 July 10am
Understanding Addictive Behaviour	21 July 7pm
Understanding Anger	27 July 10am
School Anxiety	27 July 7pm
Facing Defiance	28 July 10am
Supporting Health Screen Use	28 July 7pm

Be a Hero!

Know the signs of type 1 diabetes.



Thirsty

Being constantly thirsty and not being able to quench it.

Thinner

Losing weight without trying to, or looking thinner than usual.



4Ts

Toilet

Going for a wee more regularly, especially overnight.



Tired

Feeling incredibly tired, lethargic and having no energy.



Other symptoms associated with high glucose levels to look out for:

Blurred Vision



Fruity Smelling Breath

Thrush

Cuts and grazes that are not healing.



Type 1 diabetes is an auto-immune condition in which the body's own immune system attacks the cells in the pancreas which produce insulin. We do not know what causes type 1 diabetes, although it is not linked to lifestyle factors. There is currently no cure and it cannot be prevented.

Know the signs and symptoms of type 1 diabetes and you could help save a life!

do you know the signs of type 1 diabetes?



We call them the **4Ts**. If you or your child are weeing more often, constantly thirsty, more tired than usual, or losing weight for no reason, it could be a symptom of type 1 diabetes. If left undiagnosed, type 1 diabetes can be fatal. **If you're experiencing any of the 4Ts, ask your doctor for a test immediately.**



Scan the QR code or visit diabetes.org.uk/the4Ts

Know the signs of type 1 diabetes

**If you see me,
I might have Developmental
Coordination Disorder (DCD).
A referral to
Occupational Therapy
could benefit me.**



In the Classroom

I struggle to use classroom equipment such as scissors, ruler or stapler.

I struggle to copy from the board.

I may have an immature pencil grasp or swap the hand I hold the pencil with.

I am just as clever as my peers so there is usually a big difference between what I know and what I write down. I can spell but my writing may be really difficult to read or looks messy.

Around School

I often trip, fall, walk into or drop things.

I may appear clumsy, awkward or inefficient with my movements

It takes a lot of effort for me to learn new motor activities. I find it easier if you break them into smaller steps or let me have more time.

Although I may 'get there', I often struggle to learn new motor activities and so may prefer to do things I've already learnt instead of learning new motor skills

My Day

I'm friendly and sociable and want to join in but find sports or outdoor play difficult. I may prefer imaginary play.

Everyday activities such as getting dressed, tying shoe laces, buttons or zips are really difficult.

I can be a messy eater. I struggle to use a knife and fork, often knock over my glass and spill food when eating.

Moving and shaking

I have difficulties with more complex activities such as swimming or riding a bike.

I look clumsy when I run and find it difficult to hop, skip and balance.

DCD affects 5-6% of population but movement difficulties impacting on function will affect many more. We can help.

Contact Us

Children's Occupational Therapy Team
Coral House
11 Longbow Close
Harlescott Lane
Shrewsbury
SY1 3GZ
Tel: 01743 450800 opt 2
Email: shropcom.OT4kids@nhs.net



EARLY HELP DROP IN

Bishops Castle Food Bank

Apr Tuesday 7th 09:30 am - 10:30 am

May Tuesday 5th 9:30 am - 10:30 am

June Tuesday 2nd 9:30 am - 10:30 am

July Tuesday 7th 09:30 pm - 10:30 am

August Tuesday 4th 09:30 - 10:30 am

Church Lane, Bishops Castle, SY9 5AF

All families within the local area welcome

**Free information, support
& advice around:**

Family Life

Housing & Finance

Special Education Needs and/or

Disabilities (SEND)

Parenting Support

Training & Employment

Domestic Abuse Support

And much more...

Refreshments will be provided
by the food bank



shropshire.gov.uk/early-help



Shropshire
Council