



# Bishop's Castle Primary School

## Our Relationships and Health Curriculum

### Intent

At Bishop's Castle Primary School, we firmly believe that underpinning each child's education is their sense of wellbeing and the positive relationships they form with others. It is our intention that everyone in our school works together with pupils and parents or carers to help pupils feel they belong, that their voice is heard, that they, and their efforts, are valued and to ensure that they enjoy learning. We want our pupils to develop healthy bodies, relationships and minds, not just now, but for life. Therefore, we have designed our Relationships curriculum with the intent that all children, regardless of background, will learn to form positive, safe relationships, will have developed personal virtues based on positive values, will be tolerant and understanding of those with different ideas and will know what to do if things do go wrong for them.

We aim to ensure that our Relationships and Health teaching and learning activities are relevant and sensitive to each child's personal circumstances. Our Relationships and Health education holds numerous opportunities for children to work independently and with others, widen their horizons, develop communication and language skills, plus explore their own creativity.

### Implementation

Each class' long term plans set out the content which will be taught in each term, ensuring that the requirements of the Relationships and Health Curriculum are fully met. Our Relationships and Health curriculum follows the SCARF schemes of work. We chose this scheme because it covers the key areas of the Relationships and Health Curriculum, as published by the government:

- Mental Wellbeing
- Respectful relationships
- Internet Safety and Harms
- Online relationships

These important themes are delivered through a coherently planned and sequenced curriculum, in weekly lessons. Additionally, SCARF teaches about economic wellbeing, caring for the environment, community, and rights and responsibilities.

Additionally, assemblies are based around key values such as friendship, courage, perseverance and tolerance, plus British Values and wider concepts in E-safety, in which pupils are given opportunities to contribute and discuss ideas in multi-age groupings, encourage positive attitudes and behaviours in our school, further developing children's Relationships and Health education in our school.

Subject specific vocabulary is taught explicitly and it is expected that children use correct terminology when talking about this subject.

Activities are adapted for children with SEND to take account of their individual needs, whilst more able pupils are provided with greater challenges.

The SCARF Relationships and Health curriculum scheme does include sex education and our school fully complies with current laws re the rights of parents and carers to view these materials prior to teaching and withdraw their child if they choose.

Children are provided with opportunities to evaluate, share and celebrate what they learn during Relationships and Health lessons, where appropriate. The profile of Relationships and Health in Bishop's Castle Primary School is also raised through displays.

During each unit, teachers assess children's understanding of Relationships and Health skills, knowledge and vocabulary, through sensitive discussions.

## **Impact**

At the end of KS2:

Children recognise the relevance of Relationships and Health education in the wider world and to their future lives.

Children understand and use a wide range of subject specific vocabulary.

They recognise that there are a wide range of different families, but that there are some core characteristics of positive relationships that they all share.

Children recognise characteristics of a wide range of positive, respectful friendships and relationships, including those that are online.

They recognise that in the real world, unfortunately, relationships are not always positive, but they are equipped to know what to do if they ever encounter such a situation, keeping themselves safe and healthy, including online.

They can accurately and constructively express and evaluate their ideas.

Pupils leave Bishop's Castle Primary School with a set of core virtues and values, such as having respect for themselves and others. They are prepared for the challenges and opportunities of life as they grow up, are able to make and maintain positive relationships and to keep themselves safe and healthy, including online.

May 2021