



Bishop's Castle Primary School

Our Physical Education Curriculum

Intent

At Bishop's Castle Primary School, we have designed our Physical Education curriculum with the intent that all children, regardless of background, will be able to experience a range of activities that help them develop fundamental movement skills, their agility, balance and coordination and become increasingly competent and confident, individually and with others. Our Physical Education curriculum will also develop their health, fitness and wellbeing. We intend to deliver high quality teaching and learning opportunities that inspire all pupils to succeed in Physical Education.

We aim to ensure that our Physical Education teaching and learning activities will teach pupils to co-operate and work collaboratively as a valued member of a team, understanding fairness and equity of play to embed life long values.

Physical Education holds numerous opportunities for children to learn experientially, work independently and with others, widen their horizons, develop communication and language skills, apply mathematical and scientific knowledge, plus explore their own creativity. We recognise that not all children have opportunities to experience a range of activities and give all children the opportunities to experience a broader range of non-traditional activities. Children are encouraged to try ideas and learn from mistakes, innovating and taking sensible risks when using equipment and when participating in adventurous activities outdoors. We expect children to evaluate their skills and performance and consider improvements, continually striving to improve their skills, health and fitness of which they will be rightly proud.

Implementation

Each class' long term plans set out the Physical Education units which are taught, ensuring that the requirements of the EYFS and National Curriculum are fully met, with children covering all the main areas of dance, gymnastics, athletics, games and outdoor adventure activities over the course of a year.

Key skills and knowledge are gained and practised through high quality teacher led sessions as well as sessions provided by a sports coach. Subject specific vocabulary is taught explicitly and it is expected that children use correct terminology when talking about this subject.

Activities are adapted for children with SEND to take account of their individual needs, whilst more able pupils are provided with greater challenges.

Children are provided with opportunities to evaluate, share and celebrate their performances across all main areas, which often includes peer evaluation and performing to their class.

The profile of Physical Education in Bishop's Castle Primary School is also raised through displays and extra-curricular clubs such as Sportsjam and a lunchtime football club. There are girls and boys football teams as well as cricket teams that have the opportunity to compete with other schools. Children in KS1 and KS2 take part in sports festivals at least five times a year.

During each unit, teachers assess children's understanding of the Physical Education skills, knowledge and vocabulary.

Children are taught how to use equipment safely and in gymnastics, how to perform moves safely. The equipment is checked annually by Sport Safe UK and if repairs are needed then the equipment is not used until repairs have been made.

Impact

At the end of KS2:

Children recognise the relevance of Physical Education in the wider world and to their future lives.

Children understand and use a wide range of subject specific vocabulary.

They have acquired knowledge and a wide range of skills, covering all areas of the Physical Education curriculum, which they can use in and out of their school life.

Children use a range of skills that can be transferred across the main areas of Physical Education and into other areas of their life.

Children understand the importance of equity of play, striving to improve and a healthy lifestyle.

They can accurately and constructively evaluate their performance and make suggestions for improvements.

Children leave Bishop's Castle Primary School feeling that their efforts in Physical Education were valued and their opinions heard. They have had opportunities to explore their Physical Education abilities and were encouraged to use them.

Kay Commis, Apr 2021