

Dish	Containing Ingredients	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Mains														
Assorted Pizza(PLEASE CHECK WITH YOUR KITCHEN)	✓													
**Assorted Hot Wraps (PLEASE CHECK WITH YOUR KITCHEN)	✓													
Bacon Carbonara	✓					✓	✓							
**Bacon, Cheese & Onion Pinwheel	✓		MAY			✓	✓							
**Barbeque Chicken	✓			✓			✓			✓				
Beef Bolognaise	✓													
**Beef in Black Bean Sauce & Noodles	✓					✓								
**Beef Strips & Gravy with Yorkshire Pudding	✓		✓			MAY	✓		MAY	MAY				
**Chicken Curry with Naan Bread	✓		MAY			✓	✓							
** Traditional Cornish Pasty	✓						✓							
Fishcake	✓			✓										
** Fishcake & Parsley Sauce	✓			✓		✓	✓							
Fish Fingers	✓					MAY	✓			✓				
Fish Goujons	✓			✓										
**Gammon Steak with Pineapple														

Lasagne	✓						✓			✓				
Mediterranean Chicken Pasta	✓						✓							
**Meatballs in Homemade Tomato Sauce	✓					✓						✓		
Pork Sausages	✓		✓			✓	✓		✓	✓				
Roast Beef with Yorkshire Pudding & Gravy	✓		MAY			MAY	MAY		MAY	MAY				
Roast Chicken & Gravy	✓		✓			MAY	✓		MAY	MAY				
Roast Pork & Apple Sauce	✓					✓								
**Salmon Fish Finger				✓										
Seaside Fish Fillet	✓			✓										
**Seaside Fish Fillet with Parsley Sauce	✓			✓		✓	✓							
Sizzling Chicken Wrap	✓		✓			✓	✓		✓	MAY				
**Sweet & SourChicken/ Pork			✓						✓					
Vegetarian							✓			✓				
Cheese & Potato Bake	✓		✓			MAY	✓			✓				
Cheese & Red Onion Quiche	✓					MAY	✓			✓				
**Country Bakes	✓													
**Five Bean Pasta Bake	✓						✓							
**Pasta Neapolitan	✓		✓				MAY							
**Quorn Balls in Homemade Tomato Sauce	✓		✓			✓	✓		MAY					

Quorn Fillet & Gravy	✓		✓			MAY	✓			✓				
Roasted Vegetable Pasta Bake			✓				✓			✓				
** Sweet Potato & Cauliflower Curry														
Vegetarian Sausage	✓		✓				✓						✓	
Potatoes, Pastas, Rice, Noodles & Bread										✓				
Chips							✓							
Creamed Potatoes														
**Diced Potatoes														
Jacket Potato														
Potato Wedges														
Roast Potatoes	✓													
Pasta	✓													
Spaghetti														
Long Grain Rice	✓		✓											
Noodles	✓						✓							
Fresh Bread Wedge	✓		✓			✓	✓							
Vegetables														
Baked Beans														
Broccoli														

Cabbage																			
Carrots																			
**Cauliflower																			
Green Beans								✓											
Leek & Sweet Potato Bake																			
Peas																			
Sweetcorn																			
Puddings	✓								✓										
Assorted Cupcakes(PLEASE CHECK WITH YOUR KITCHEN)	✓							MAY	✓										
Australian Crunch	✓								MAY										
Carrot Cake	✓		✓						MAY										
Cherry & Coconut Cookie	✓		✓					MAY	✓										
Chocolate Cookie	✓								MAY										
Chocolate & Orange Cookie	✓		✓						MAY										
Chocolate & Orange Sponge with Chocolate Sauce	✓							✓	✓										
Coconut Finger	MAY							MAY	MAY										
Cornflake Crunchie	MAY							MAY	MAY										
Devonshire Split	✓		✓					✓	✓		MAY	MAY							
Eve's Pudding	✓		✓						MAY										

Flapjack						MAY	✓							
Fruit Sundae with Shortbread Biscuit	✓						✓							
**Ginger Biscuit	✓		MAY				MAY							
Selection of Cookies (PLEASE CHECK WITH YOUR SCHOOL KITCHEN)														
Selection Of Muffins(PLEASE CHECK WITH YOUR SCHOOL KITCHEN)	✓		MAY			✓	✓							
Iced Bun	✓		✓				MAY							
Lemon Cookie	✓		✓			✓	✓							
Lemon Drizzle Cake	✓		✓			MAY	✓							
Oaty Cookie	✓		✓				MAY							
**Red Cherry & Apple Crumble with Custard	✓						MAY							
Rice Pudding	✓					✓	✓							
Sticky Toffee Pudding & Chocolate Sauce	✓		✓				MAY							
Sultana Cookie	✓						✓							
Syrup Sponge & Custard	✓		✓										✓	
Vanilla Iced Sponge & custard	✓		✓			✓	✓		MAY	MAY				

